

# Follow our tips

to keep your pets calm and  
safe this season



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# Top tips for dogs

- ✓ Start to walk your dogs before dusk – ensure they are back indoors before fireworks begin
- ✓ Ensure all windows and doors are shut
- ✓ Close curtains to reduce the impact of flashes
- ✓ Make a den/retreat so your dog has somewhere they feel safe and secure
- ✓ Turn on the TV or radio to drown out the noise of fireworks
- ✓ Make tasty treats or toys available as a distraction
- ✓ Try to ignore any reactions your dog makes to the fireworks – they may see this as a sign that you are worried about the noise yourself
- ✓ If your dog shows significant signs of anxiety, please arrange a visit to the vets to discuss all the options to make sure they are as calm as possible

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## *Signs of anxiety in dogs*

- Pacing
- Cowering or hiding
- Trembling
- Abnormal vocalisation (barking or whining)
- Panting
- Pacing or circling the room
- Excessive yawning or lip licking
- Need to stay close to their owner
- Soiling the house
- Refusing to eat

# Top tips for cats

- ✓ Make sure your cat is microchipped to increase the chance that you will be reunited if they do get scared and decide to run away
- ✓ Ensure your cat is safely indoors well before dusk and that all windows, doors and cat-flaps are securely closed
- ✓ Close curtains to reduce the impact of flashes
- ✓ Provide a litter tray in a quiet area of the house. Do this well before the day's fireworks are expected so they become familiar with it
- ✓ Turn on the TV or radio to drown out the noise of fireworks
- ✓ Don't disturb your cat if they find somewhere to hide when the fireworks are going off. Cats find a good hiding space comforting
- ✓ Try to ignore any reactions your cat makes to the fireworks – they may see this as a sign that you are worried about the noise yourself
- ✓ If your cat shows significant signs of anxiety, please arrange a visit to the vets to discuss all the options to make sure they are as calm as possible

## Signs of anxiety in cats

- Hiding
- Scratching furniture
- Urine Spraying
- Overgrooming (can lead to hair loss)
- Pacing
- Vocalisation

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# Tip: Make a dog den/refuge

Make the den a few weeks before the expected fireworks to allow time for familiarisation.

- Choose a room your dog is used to and preferably one you will be in during firework times
- Use bedding they already have so it has a familiar smell
- A puppy crate is an ideal starting point if you have one
- If you do not have a crate, an enclosed area of the room is helpful, for example a gap between the sofa and the wall
- Use blankets to cover the den to create an enclosed and darkened area
- Now that you have made a safe place, you could offer food or lay a treat trail so that your dog gets used to their den and associates it with pleasurable things



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